

# OCULAR SURFACE HEALTH QUESTIONNAIRE

Patient Name or ID: \_\_\_\_\_ Date: \_\_\_\_\_

Technician: \_\_\_\_\_

## Do you have any of the following symptoms?

- |   |  |
|---|--|
| <input type="checkbox"/> Dry eyes           | <input type="checkbox"/> Excess tearing/watering eyes                |
| <input type="checkbox"/> Blurry vision      | <input type="checkbox"/> Tired eyes, eye fatigue                     |
| <input type="checkbox"/> Redness            | <input type="checkbox"/> Stringy mucus in or around the eyes         |
| <input type="checkbox"/> Burning            | <input type="checkbox"/> Foreign body sensation                      |
| <input type="checkbox"/> Itching            | <input type="checkbox"/> Contact lens discomfort                     |
| <input type="checkbox"/> Light sensitivity  | <input type="checkbox"/> Scratchy feeling of sand or grit in the eye |
| <input type="checkbox"/> Fluctuating Vision |  |

## Have you used any eye drops in the last 2 hours?

- YES  NO

## Have you ever been diagnosed with Dry Eye Disease or Ocular Surface Disease?

- YES  NO When? \_\_\_\_\_

### If YES, is your appointment today to monitor dry eye treatment?

- YES  NO

## Are you here to be evaluated for:

- Cataract Surgery  
 LASIK  
 Other Surgery

## Do you use?

- Contact lenses  
 Over the counter eye drops such as artificial tears  
 Eye drops for dry eye disease (e.g., Restasis\*, Xiidra\*)  
 Eye drops for glaucoma (e.g., latanoprost, Travatan\*, Lumigan\*)  
 Eye drops for allergy (e.g., Pred Forte\*, Pataday\*)  
 Nutritional supplements (e.g., omega-3)

## Have you ever been diagnosed with any of the following:

- Sjogrens Syndrome  
 Rosacea  
 Multiple Sclerosis  
 Rheumatoid Arthritis  
 Thyroid Disease

## Have you ever had punctal plugs?

- YES  NO

### FOR OFFICE USE ONLY - OSMOLARITY MEASUREMENTS

Doctor's Order Initials \_\_\_\_\_ Date \_\_\_\_\_

RIGHT EYE (mOsm/L) \_\_\_\_\_ LEFT EYE (mOsm/L) \_\_\_\_\_

Osmolarity  Normal  Abnormal

Schedule for Dry Eye Workup  Yes  No